

Master Gardener Newsletter

Master Gardener Meetings are held
the 2nd Thursday of the month.

6:00- 6:30 p.m. Social

6:30-7:30 p.m. Meeting - 7:30-8:30 p.m. Program

In the event that a meeting or event is cancelled due to weather, please listen to WJMQ 92.3 and WDUZ 92.7 for cancellation information. We will also attempt to notify members via email.



Unless otherwise stated, meetings and programs will be held in the lower level of the Waupaca County Courthouse.



September Meeting Information

Submitted by *Suzanne Wozniak,*
Program Committee Chair



September 13 - 6:00 p.m. Social; 6:30-7:30 p.m., Meeting; 7:30-8:30 p.m., Program, Waupaca

We're back at the Courthouse, social from 6 to 6:30, meeting from 6:30 to 7:30, and program from 7:30 to 8:30.

The program features several long-time MGVs demonstrating their areas of expertise. Faye Wilson will present, via a PowerPoint program she has created, the different types of mulch she has learned to use in different gardening situations. Gloria Gruer, well known for distributing flower seeds that she harvests, will demonstrate her techniques. Kathy Weiner will show us her methods of dividing plants that have grown too thick. This night of learning from each other will be in lieu of the "make and take" programs we have done in fall for the last two years.



Our Waupaca County Conservationist, Bruce Bushweiler, will give October's program on establishing rain gardens.



September in the Garden

For gardeners, September and May activities are similar as they are the busiest months of the year. Fall is the time for planting divisions of perennial plants that need moving or thinning, for planting the beautiful mums and spring bulbs, and for planting trees and shrubs. Fall is also the time when vegetable gardens are most plentiful.

Outside Inside

- Take cuttings from tender annuals before the first frost hits and use them to over winter for next year's garden.
- Dig up bulbs such as cannas, callas, and dahlias when the foliage has withered.

Lawn

- Grass seed is best sown between August 15 and September 20 in our area. Be sure to keep seeds moist until germination – about two weeks.
- Fertilize the lawn around Labor Day with about one pound of actual nitrogen per one thousand square feet.

Produce

- Mature green tomatoes can be ripened indoors. Individually wrap fruits in newspaper and store in a cool location 55-60 degrees.
- Harvest winter squash when mature. At this time the skin will not dent from a fingernail.
- Take extra safety steps when preparing fruits and vegetables for preservation.





A Note From Our President, Kate Saunders

It seems like such a short time ago that I became a Master Gardener Volunteer and here I am your president. Thanks for the vote of confidence! I am especially grateful for the continuing support from members of the “old” executive committee and look forward to working with the newly elected members of the executive committee; Nancy Johnson, Vice President, Peggy Kramer, Secretary and Bill Johnson, board member. Each one of us MGV’s contributes our unique talents to make this an awesome organization. I look forward to working with you all during the next year (minus one month).

A **HUGE Thank You** to Pam Nitke for extending her presidency one month while I fulfill a commitment to the Waupaca Area Library’s *Between Fences* exhibit the evening of September 13. How I wish I could be in two places at the same time.

I managed to pot a few plants for the Fall Plant Sale before all the torrential rains hit my garden. I hope to get out there again to pot up a few more plants before September 7th. If your garden is a soggy as mine, it may take awhile before we can play in the dirt again without making mud pies. I’m sure Nancy Weasner and her team will be grateful for our efforts when we drop off our contributions for the sale.

As the summer winds down (remember it doesn’t officially end until September 22) I find myself amazed at all the projects our MGV group contributes to over the growing season and beyond! I have enjoyed the break from our meetings at the courthouse and the opportunity to

learn in the great outdoors and view some of the projects. Isn’t the New London Children’s garden a great place for a potluck meeting?

With all of the recent rain in our area we may want to pay special attention to Bruce Bushweiler’s presentation on Rain Gardens at the September meeting to see if this type of garden is something we need to incorporate on our property. I’ll be sure to get a copy of any handouts.

I am planning to attend the WIGMA Annual Conference in Eau Claire October 5-6. If anyone would like to carpool or share a hotel room, please contact me.

Please feel free to contact me (or any member of the Executive Committee) at any time with questions or concerns.



SAVE YOUR FLOWER SEEDS

Submitted by Gloria Gruer

Last spring as I looked for my seeds, I found that I had only a handful left of each flower that I had shared at the M. G. meetings last winter. Two kinds are so generous about re-seeding (Balsam and Orange Cosmos), that there’s no problem with them. But, Pastel Cosmos, Love-in-a-Mist, and Zinnias, were very sparse. So-o-o, remember to save those spent blossoms in a cardboard box (nothing air-tight).



A Reminder About September Dues

Submitted by Pat Ritchie

Dues for the coming year will be collected at the September meeting. This is a change from previous years because our calendar year has changed starting this year with our calendar year being from September 1 - August 31. Checks for \$15 can be made out to WCMG and given to Terry Kramer.

August Meeting Notes

*Submitted by Rebecca Weber Schmoll,
Secretary*

Attendance: Kathy Akey, Donna Bedord, Julie Bosquez, Debra Calmes, Dorethy DeWild, Joleen Diley, Susan Finkel, Diane Fuhrman, Gloria Gruer, Bill Johnson, Carol Johnson, Suzanne King, Peggy Kramer, Terry Kramer, Patti Leiskau, Hope MacIntyre, Sally Handrich Marcel, Colleen McCoy, Lyle Mork, Barb Nollenberg, Gerald Oestreich, Mark Pringnitz, Glenda Rhodes, Pat Ritchie, Ila Sanders, Tom Sanders, Katherine Saunders, Joan Schmitt, Dorothy Shaver, Judy Shaw, Lee Shaw, Carol Spiegelberg, Jeff Weasner, Nancy Weasner, Rebecca Weber Schmoll, Faye Wilson, Susan Young, Connie Zolkowski,

Guests: Sharon Lemmers and Dave Duffey

Call to Order and Welcome: President Pam Nitke called the meeting to order and welcomed all members and guests. This was our annual summer potluck meeting in the New London Children Garden. Members from the spring Clintonville class were warmly welcomed.

Approval of July 2007 Meeting Minutes: It was moved by Lee Shaw and seconded by Dorethy DeWild to approval the July meeting minutes. One correction was noted.

Reading of Executive Board Meeting Minutes: President Pam read the meeting minutes from the July executive meeting.

State Representative's Report: Pat Ritchie has the Eau Claire Convention raffle tickets for sale at six tickets for \$5. Pat is also selling garden journals. The Madison area M.G. are selling spring bulbs. Proceeds from this sale will be donated to local charities. Members need to turn in hour sheets at the September meeting. If Pat needs to correct an error on a member's hours sheet, she will contact that member. Pat has information about various state contests, such as the most unusual vegetable garden and a pumpkin contest. Contact Pat for more details. Last year we were awarded a grant for the food pantries.

A grant report must be sent in to the state office. Another grant can be applied for this coming year. Pat has the grant forms. If you have an interest in some garden project you should apply for a grant. There is money available. The deadline for grant applications is October 1, 2007. The grant application is not difficult, and Susan Finkel will help you complete the grant form if you need that help. Members can volunteer at the Farm Technology Days from September 18 to 20 to earn hours.

Vote for Executive Board Members:

Committee member Jeff Weasner reviewed the slate of officers. Election was held. The new slate of officers is Johnson, Johnson, Kramer, Kramer, and Saunders. The officers for 2007-2008 will be President Kate Saunders, Vice-President Nancy Johnson, Treasurer Terry Kramer, Secretary Peggy Kramer, and two year term Board Member Bill Johnson.

Committee Reports:

Children's Gardens: The New London Children's Garden will be hosting bird rehabilitator Pat Fisher Friday, August 10. The gardens are growing well. The Friday Garden Group will be having the annual potato festival Friday, August 10. The Iola Children's Garden has forty-two children, ranging in age from three to twelve years. Each child is accompanied with either a parent or grandparent. The Waupaca Children's Garden has twenty-four plots. A tea party was held at the garden; also digging for worms. The city is providing a new sign for the garden.
(Continued on next page)

Fall Plant Sale: Chairman Nancy Weasner reported that the sale is September 8. Plants should be dropped off at the Fair Grounds from noon to 5 P.M on Friday, September 7. Flyers and posters for the sale were distributed. Sign-up sheet for volunteering to work at the sale was also passed around. Plants need to be in pots, labeled, and include your member number. Your plants should be dropped off at the front table.

August Meeting Notes continued

Waupaca County Fair: Pat Ritchie had a sign-up sheet going around to volunteer and earn hours at the Fair. Colleen McCoy and Sue King are making a Master Gardener display for the fair. Dorethy DeWild helped with the artwork for the display.

Community Garden: Committee member Terry Kramer reported on this garden, which is located on King Road by the Waupaca High School. Beans are producing now. There is a water system at the garden. All food grown is given to the Waupaca Food Pantry. Nothing is going to waste; excess produce is distributed to the other food pantries. Picking is three times a week, and each picking is itemized (Example: 40 tomatoes, 50 onions). Members were reminded to contact Carol Spiegelberg to pick up any of their garden surplus to take to the food pantries.

Committee Sign-up: Sheets will be at the September meeting to sign up for the different committees.

Old Business: Members are reminded to give any pictures of W.C.M.G.V. projects to either Sue King or Dort DeWild. Project forms must be handed in to either Pam Nitke or Terry Kramer by August 22.

New Business: Executive Board meeting for both outgoing and incoming members will be held August 28 at 6:30 P.M. at Sugarbush.

Other: September's meeting will be back at the Waupaca County Courthouse. Recipes from the August potluck should be contributed to the September newsletter. A thank you note was received from the Marion Library. Two D.V.D. s on gardening were donated to the Clintonville Library and the Manawa Library. Gloria Gruer reminded members to save flower seeds and to pick off the brown leaves from tomato plants. Sue King won the door prize of a bouquet of glads.

Book Review: A review of the excellent book, Late Summer Flowers by Marina

Christopher was given.

Adjournment: Adjournment of the meeting was made by Colleen McCoy and seconded by Kathy Akey.



**October articles are due by
September 22nd. Thanks in advance
for your timely submissions.**

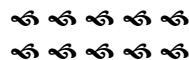


**Happy Birthday to You!
September Birthdays**

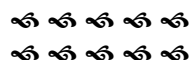
Submitted by Connie Jess Zolkoske

09/01 Gloria Gruer
09/12 Susan Thomas
09/13 Agnes Marchel
09/13 Amy Krolow Maas
09/17 Judy Shaw
09/20 Steve Hart
09/22 Debbie Krogwold
09/24 Lee Shaw

Best Wishes to All of You!



**Plant Kindness
Gather Love**



MGV Reminders

Submitted by Kate Saunders

All **bills** from Jan - Aug 2007 MGV projects must be submitted to treasurer Terry Kramer by the September 13 meeting for payment.

All **volunteer and education** hours must be turned in to Pat Ritchie by the September 13 meeting. If you are unable to attend, please mail them to her. Hours new members may count spent working on the FALL PLANT SALE for this "year" only. The executive board approved this as members of the new class have had such a short time frame to complete the necessary hours by August 31.

Registration for the WIMGA Annual Conference, Oct 5-6 in Eau Claire need to be sent ASAP. If you are planning to attend, let others know so that we can car pool. To date we know that Kate Saunders, Pat Ritchie and Pam Nitke are planning to attend.

Editor Notes

Submitted by Amy Krolow Maas

I want to express my greatest gratitude to Barbara Koehnke for all of her help during this transition period of the MGV newsletter. Barbara has graciously shared so much information to assist my efforts. I wish Barbara only the best wishes in her future endeavors.



Thanks to Tom and Ila Sanders for your help in the other half of this process especially since Tom was in Alaska.

Also, please feel free to provide newsletter information and/or comments to me at: 715.754.5421; or at E6249 Trout Lane, Marion, 54950; or at timmaas@frontiernet.net.

I will do my best to provide our organization with a meaningful monthly newsletter.

BIG TOMATO WARNING

Submitted by Gloria Gruer

Those sick-looking leaves that start showing up from the bottom of the plant must be removed each week, if not more often. These "infections" can move up the plant, causing a progressive loss of foliage. Defoliation reduces the size of the fruit and exposes them to "sunscald". These "blights" will over winter so it is essential to clean up and dispose (NOT in your compost pile!) all affected stems and leaves. Four kinds of the tomato plants I grew this year which did NOT give way to the diseases mentioned are: Supersteak, Better Boy, 100 million (cocktail size) and Marmande (the seeds I shared last spring). To find out more, look up Vertillum Wilt and Fusarium Wilt and Early Blight and Septoria Leaf Spot.



The Benefits of Gardening

By: Dr. Weil

Source: (08/04/07)

<http://www.drweil.com/drw/u/id/TIP02485>

Gardening is a great way to connect with the earth, reduce stress, increase creativity and promote relaxation. Three good reasons you should get down and dirty in a garden: (1) Gardening is therapeutic. There is even an emerging medical art known as horticultural therapy. People with all types of health conditions, schoolchildren, even prison inmates, are encouraged to learn about new plants and envision creative ways to arrange them in the ground as a way to provide a sense of accomplishment and improve self-image. (2) Gardening is spiritual. Aside from delighting your senses with color, texture and scents, gardening enables you to connect with nature. Digging your hands through the soil and handling delicate plants can feed the soul. (3) Gardening is exercise - a low-impact activity that improves flexibility through bending and stretching, and has been shown to lower blood pressure and cholesterol levels. However, don't let it replace your walking regime or other regular aerobic exercise -

do both, for maximum benefits.

GRAPE SALAD

By: Bill Johnson

2 pounds red seedless grapes
 2 pounds green seedless grapes
 8 oz. cream cheese
 8 oz. sour cream
 ½ cup sugar
 1 tsp. vanilla
 1 cup brown sugar
 1 cup chopped pecans

Wash and towel dry grapes.
 Mix and place grapes in 9x12-inch pan (be sure to have enough grapes for two layers).
 Mix softened cream cheese and sour cream (add a little milk if mix is too thick). Then blend in sugar and vanilla. Pour and smooth out mix over grapes. Mix together brown sugar and chopped pecans and spread evenly on top.
 Refrigerate.

Note: This is a salad, not a dessert.

TABBOULEH

By: Dort DeWild

Serves 8
 1 cup Bulgur wheat
 1 cup Boiling water
 ¼ cup lemon juice
 ¼ cup olive oil
 2 teaspoons salt
 1 cup minced scallions
 1 cup chopped fresh mint leaves
 1 cup chopped flat leaf parsley
 1 diced cucumber, unpeeled and seeded
 2 cups cherry tomatoes cut in half
 1 teaspoon freshly ground pepper

Place bulgur in large bowl and pour in boiling water, add lemon juice, olive oil and salt. Stir and allow to stand at room temperature for about an hour.

Add scallions, mint, parsley, cukes, tomatoes and pepper. Mix well. Cover and refrigerate. Flavor will improve it sits for a few hours.

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Waupaca County

