

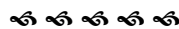
Master Gardener Volunteer's Newsletter

**Master Gardener Meetings are held
the 2nd Thursday of the month.**

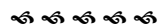
6:00- 6:30 p.m. Social

6:30-7:30 p.m. Meeting - 7:30-8:30 p.m. Program

*In the event that a meeting or event is cancelled due to weather,
please listen to WJMQ 92.3 and WDUZ 92.7 for cancellation
information. We will also attempt to notify members via email.*



*Unless otherwise stated, meetings and programs will be held in the
lower level of the Waupaca County Courthouse.*



November Meeting Information

Submitted by Ila Sanders

**November 8th - 6:00 p.m. Social; 6:30-7:30 p.m.,
Meeting; 7:30-8:30 p.m., Program, Waupaca**

The meeting will be held at the Courthouse, social from 6 to 6:30, meeting from 6:30 to 7:30, and program from 7:30 to 8:30.

Our November program will be "Fungi Fun", presented by John Kubisiak and Bob Treshak. In addition to presenting information on the identification of selected edible and poisonous wild mushrooms, they will also provide some useful recipes for the kitchen.



Rebecca Weber Schmoll is bringing citron melons to the November meeting. This heirloom fruit was grown from the fruit shared last year. Citron melon can be pickled, candied rinds, or turned into sauce, like apples. Let me know if you are interested in a large quantity of the fruits or need recipes. Thanks, R.W.S.



November in the Garden

- Late-fall fertilizing can help keep lawn green into winter and boost early spring recovery.
- Clean up and discard fallen leaves and fruits around fruit plants to reduce disease carryover.
- Remove dead, diseased, or damaged branches.
- Put cages or metal barriers around first year bushes and succulent trees to protect from rabbits and rodents.
- Protect the graft union on rose bushes by mounding soil or chopped leaves up around the plants.
- If you are planning a 'live' Christmas tree, prepare the hole before the soil freezes.
- Apply winter mulch to strawberries when plants are dormant but before temperatures drop below 20 degrees Fahrenheit.





A Note From Our President, Kate Saunders

What a magnificent autumn we have been having. I stopped my car alongside the road one day in awe of a sunlit maple tree in full color. I hope that you too have had the time to enjoy the beauty of this season as you wander the countryside or do the inevitable fall chores in your garden.

My garden is still producing raspberries as I write this note on October 21. The Swiss chard continues to produce greens for my table. I've even picked a few green beans from a plant that survived two springtime attacks by wood chucks.

Normally I would have brought my pots in off the deck and tucked away my garden art by now. Instead, I savor the warm weather; sit on my deck with a cup of tea and a good book to watch my fall "clean up crew" of deer and rabbits prune the hosta. I can smile at their efforts now rather than run out with my spray bottle of "critter" repellent.

Thank you to Bill Johnson, Pat Ritchie, Colleen McCoy, Barb Lamb and Connie Zolkoske for volunteering to work with me on developing our Standard Operating Procedures. We plan to begin the process before the November meeting.

I am once again amazed at the volunteer time our MGVS contribute to educate children and adults throughout Waupaca County. Thank you to all who signed up for multiple committees and projects for 2007-2008 – IMPRESSIVE!

If you have never been to a regional MGVS convention, plan to attend the 2008 Milwaukee regional event scheduled for July 16-19. The Milwaukee chairperson announced what sounded like a stellar line-up of speakers and these conventions is a great way to get

interesting activities. Attendance at education hours and to network with fellow MGVS. For more information or to register for the convention: go to: www.premierwebplatform.com/southeastwisconsin/gardeners or call Doris Fans at 414-425-6072 for a registration packet.

Welcome to Sharon Lemmers, our newest associate member who hails from the Fremont area. Thanks to Barb Nollenberg for mentoring her.



Gardens Sought for Garden Walk

Submitted by Sally Marchel Handrich

Gardens are being sought for the next annual Waupaca Area Garden Walk and Art Stroll slated for Saturday, June 28, 2008. Unique outdoor living spaces, vegetable or fruit gardens, Asiatic gardens, healing gardens, prairie gardens, gardens with ponds and water elements are types of gardens that would be ideal to share with the community. Money raised from the event is contributed to a different area non-profit each year.

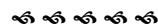
If you are interested in sharing your yard or know someone who lives near Waupaca who may be interested, please contact Sally Marchel Handrich at 715-258-4888.



Would Your Summer Garden Like To Be A Show Off?

Submitted by Colleen McCoy

The program committee is looking for garden show offs, for the Master Gardeners to tour next summer. If you and your garden are interested in being a garden show off, please contact a member on the program committee.



October Meeting Notes

Submitted by Vice-president Nancy Johnson

Members Present: Kathy Akey, Alice Braun, Julie Bosquez, Leigh Braatz, Joleen Dilley, Chris Dittman, Kay Durrant, Dorrie Hipschman, Cynthia Holly, Bill Johnson, Carol Johnson, Nancy Johnson, Peggy Kramer, Terry Kramer, Barb, Lamb, Patti Leiskau, Sharon Lemmers (new Associate member), Agnes Marchel, Sally Marchel Handrich, Hope McIntyre, Barb Nollenberg, Colleen McCoy, Pat Ritchie, Glenda Rhodes, Ila Sanders, Tom Sanders, Kate Saunders, Joan Schmitt, Judith L. Shaw, Lee M. Shaw, Carol Spiegelberg, Rebecca Weber Schmoll, Nancy Weasner, Jeffrey L. Weasner, Suzanne Wozniak, Connie Zolkoske

Welcome: President Kate Saunders called the meeting to order at 6:32pm. Barb Nollenburg introduced a new associate member, Sharon Lemmers, who will be registering for the next training class in January.

Approval of Minutes: Connie Zolkoske suggested that executive committee members, both current and past, be identified in the minutes. Connie then made a motion for approval of minutes as published in the September 2007 newsletter, with corrections. Gloria Gruer seconded and the minutes were approved.

Executive committee minutes were read by President Kate Saunders. The next meeting will be at Coffee Klatch in Weyauwega on October 17, 2007 at 6pm.

Treasurer's Report: Treasurer Terry Kramer read three thank you letters from the New London Food Pantry, Weymont Food Pantry and the House of Hope, respectively. The letters were all in response to monetary donations received from our group. Terry reported that the current balance in checking account is \$14,593.32. It was noted that we have carry-over funds totaling \$1,489.16.

The audit committee, comprised of Colleen McCoy and Deb Krogwold, conducted an audit of the 2007 books and found a few very

minor discrepancies. Congratulations to Treasurer Terry Kramer on a job well done. Terry highlighted produce donated to local food pantries through the Waupaca Community Garden project. Approximately \$10,000 worth of produce was donated.

Budget Revisions: Terry reviewed adjustments to the budget recommended at the September executive committee meeting. These adjustments were deemed necessary to ensure some funds remain to support projects for next year. Currently, our sole sources of funding for next year will consist of monies that will be generated by the spring plant sale and those funds remaining in the account after distribution to our current projects/committees. Connie Zolkoske emphasized that member participation in the plant sales is crucial as they are the fundraisers that sustain our projects. President Kate Saunders suggested that members should consider additional funding sources such as grants to support their projects. Bill Johnson motioned and Pat Ritchie seconded approval of the budget with the adjustments recommended by the executive committee.

Newsletters: Tom Sanders requested information regarding when it is appropriate to stop sending newsletters to those listed on the membership roster but who are not actively participating in the group's activities. Pat Ritchie stated that she now has everyone's volunteer hours and that only certified Master Gardener Volunteers should be receiving newsletters. The only exception to this would be if someone was an associate member. President Kate Saunders stated that the mailing list will have to be updated yearly in to ensure those listed are certified Master Gardener Volunteers or associate members in good standing.

Membership list: President Kate Saunders circulated a list that Greg Blonde received from the state office. Members were asked to review their information and make corrections as necessary.

(Continued on next page)

October Meeting Notes Con't

State Representative Report: Pat Ritchie noted that the cost of newsletters is rising for the state organization as well. Members may individually submit a request to receive state newsletter via e-mail to Dr. Susan Mahr. This will allow her to have the correct e-mail for the individual member. Benefits of receiving the state newsletter electronically include hot links to references and color photos. Additionally, the electronic version of the newsletter is posted on the first of the month. If you want to try receiving the newsletter electronically and later change your mind, you can go back to receiving a hard copy in the mail. Pat reminded everyone that events can be sent to the state for posting on the state website.

New training manuals are now available. If you took the training more than 3 years ago, the manual has been substantially revised. The cost of the new book is \$25. The UW Extension office is being tapped to manage ordering, payment and distribution.

The Women in Horticulture conference will be taking place in Milwaukee. More information is available from Pat Ritchie for those who are interested in attending.

Book Review: There was not a book review, however, Patti Leiskau asked everyone bring their favorite garden book/magazine to display at the December meeting to share with the group.

Committees: – President Kate Saunders requested that everyone finish signing up for committees and projects tonight. After the meeting, Kate will assign chairpersons as needed.

Newsletters: Greg Blonde suggested that a link to our local association website be sent via e-mail to members and that the file be downloaded from the website.

Eau Claire Convention: The convention in Eau Claire was attended by President Kate Saunders, Pat Ritchie, Suzanne Wozniak, and Barb Lamb. Ethnic gardening, orchids, and community gardens were some examples of topics presented. Kate stated that the

conference was excellent. The next convention is in Milwaukee on July 16 – 19th, 2008. There will be 14 states and 2 provinces represented. More information will be distributed as it is received.

Mosquito Hill: President Kate Saunders read a thank you letter from Mosquito Hill Nature Center regarding the donation they received to replant the “Things with Wings” garden. Included in the letter is an opportunity to assist with the development of an educational brochure for this native plant garden. Contact Nancy Johnson for more information.

Standard Operating Procedures: President Kate Saunders discussed the need for development of Standard Operating Procedures (SOPs) for the group. There was a call for volunteers to assist with the process. The SOPs will include items such as a description of the responsibilities of each committee. Please contact Kate if you are interested in helping out.

Garden Walk – Art Stroll: The Garden Walk & Art Stroll is looking for some new gardens to tour next year. Any unusual gardens such as Asian or healing gardens are desirable however, anyone with a beautiful garden they are willing to allow the public to tour is welcome. Approximately \$1000 is earned at this event and distributed to local charities.

Grant Opportunity: Greg Blonde mentioned a grant opportunity available through Home Depot. There will be 50 grants given to start-up project and 100 to established projects that serve at least 15 children between the ages of 3 and 18 years old. Individual grants of up to \$500 will be distributed and the money is awarded in the form of a Home Depot gift card. Please contact Greg for more information.

Winnebago County Cookbooks: Pat Ritchie mentioned that the Winnebago County Master Gardeners now have a cookbook available. Cost of each cookbook is \$10. See Pat if you are interested in purchasing a book. Motion to adjourn the meeting was made by Hope MacIntyre and seconded by Patti Leiskau. The meeting was adjourned by President Kate Saunders at 7:30pm.

Seed Germination

Submitted by Kathy Weiner

At the September meeting, the question of why some seeds don't germinate was brought up. Viable seeds that do not germinate are in a dormant state, which is nature's way of setting a time clock that allows seeds to initiate germination when conditions are normally favorable for germinations and survival of the seedlings. This dormancy state is regulated by the environment or by the seed itself.

Either morphological or physiological changes must occur before germination can begin. Under natural conditions these necessary changes take place gradually under varying combinations of aeration, moisture, temperature, and light that the seed is exposed to.

There are three types of seed dormancy: seed coat, internal and morphological dormancy.

External dormancy is caused by an inhibiting chemical in the epidermis of the seed coat. Water uptake, embryo expansion, gas permeability, or leaching out of inhibitors are restricted. Physically seed coats are impermeable to water. Mechanically seed coats are too hard to allow the embryo to expand during germination. Chemically there is presence of chemical inhibitors in the outer coverings of many fruits and seeds (occurs in fleshy fruits, hulls, and capsules of many dried fruits). Under normal conditions these seeds remain on or in the ground without germinating until they have weathered sufficiently (been exposed to sufficient moisture, proper temperature, oxygen, and for some species light) so that water can penetrate and allow the exchange of gases or neutralization of inhibiting chemicals.

Internal dormancy is caused by chemical inhibitors in the epidermis or internal part of the seed such as growth regulators.

In **morphological dormancy** the embryo is not fully developed at time of ripening. Additional embryo growth is needed after the seed is separated from the plant.

Techniques to breaking dormancy include:

Seed scarification (external dormancy) is a

process of breaking, scratching, or mechanically altering the seed coat to make it permeable to water and gases. In nature this occurs through freezing, microbial activity, or passing through the digestive tract of various animals. Forced stratification involves soaking seeds in concentrated sulfuric acid or vinegar, soaking in hot water, filing with a metal file, rubbing with sandpaper, nicking with a knife or cracking gently with a hammer to weaken the seed coat.

Seed stratification (internal dormancy)

Shallow dormancy disappears with seed storage (vegetables). No special treatments are necessary to overcome.

Cold stratification (moist-prechilling) seeds are mixed with an equal volume of a moist medium in a closed container and stored in a refrigerator (approximately 40°F). The length of time it takes to break dormancy varies with particular species; check reference books to determine the recommended amount of time. This type of dormancy may be satisfied naturally if seeds are sown outdoors in the fall.

Warm stratification is similar except temperatures are maintained at 68°F to 86°F depending on the species.

Seeds of some species exhibit **double dormancy** which is a combination of seed coat (external dormancy) and internal dormancy. In this situation the seeds must first be scarified and then stratified for the appropriate length of time. If the treatments are administered in reverse order, the seeds will not germinate.

Your question now probably is "Why does nature impose this seed dormancy in the first place?" Dormancy improves seedling survival, creates a seed bank, synchronizes germination thus insuring a population of plants at the same stage of development for outcrossing, and encourages seed dispersal (eg. seed coat scarified by passing through a bird's animal tract).

So now you know that if your seed does not germinate one of the possibilities is the need to break seed dormancy. Check a reference source for the necessary procedures.



A Special Request

Submitted by Dorothy Shaver

Dorothy is interested in donating back issues of Garden Gate Magazine to the Iola Library. Please contact her if you have issues to pass along. She is especially looking for issues #30, #53, and #60. Dorothy may be reached at N7161 Woodland Drive, Iola, WI 54945 or at 715.445.4623 or at dorothyshaver@hotmail.com.



December Meeting Note

Submitted by Patti Leiskau

The Library committee would like you to bring your favorite gardening book or magazine to the Dec. meeting for a display.



New Email Addresses

Submitted by Greg Blonde

66pk1@sbcglobal.net
(Patti Leiskau)

hwgmacintyre@hotmail.com
(Hope Macintyre)

sewhappyjess@charter.net
(Connie Zolkoske)

leighbra@wildblue.net
(Leigh Braatz)

MGV members please contact my secretary or me at 715-258-6230x12 with any changes regarding contact information. For example, send a change in name, email or mailing address, or phone number.



Educational Volunteer Opportunities

Submitted by Bill Johnson

Common and glossy buckthorn are invasive woody plants of major concern that threaten the ecological integrity of our forests in Waupaca County and across the State. There are areas in Waupaca County that are slowly and steadily being choked with buckthorn. These areas need your attention and help. With a little attention and collective effort, we can control buckthorn and help safeguard the biodiversity of our native woodlands.

Infestations of buckthorn destroy wildlife habitat, lead to long-term decline of our forests and can devalue private property. Like all invasive plant species, buckthorn does not stop at property lines. Being a good neighbor means making sure your property is not the source of new plants spreading in your area.

Fall and winter are great times to control invasive buckthorn. For more information on learning to identify and control common and glossy buckthorn and to help restore your property, please call or email Bill Johnson, MGV Invasive Plants Project (715-281-2707 or bjja@aexecpc.com).

Happy Birthday to You!

November Birthday

Submitted by Connie Jess Zolkoske

Chris Dittman 11/20

Best Wishes to You!



Online MGV Newsletter

The executive committee is encouraging all members to access the monthly newsletter from the state's site off of the Internet since approximately 20% of our budget is spent on paper copies.

Please send Amy Krolow Maas, at timmaas@frontiernet.net, your email address, if you did not get an email message this month stating that the newsletter was posted by Susan Mahr.



Christmas Party Information

Submitted by Rebecca Weber Schmoll

The Christmas party will be a potluck dinner. Bring your favorite holiday dish to pass! There are a few activities that you may participate in during our celebration. Bring a \$20 garden gift to exchange with fellow MG Volunteers. And, or bring a can good donation for the local food pantry. These activities are optional. Holiday entertainment will be provided.



The True Spirit of Christmas

Submitted by Colleen McCoy

Ever sit back after the holidays and wonder about all the hustle, bustle and commercial aspect of Christmas and feel that you are missing something? I did until last year, and I hope that each and every one of you felt the true spirit of Christmas, because of you we helped make the holidays and the future a lot brighter for 3 families. And, I am hoping that with your kind generosity that we will be able to help a family again. Please remember that these families do not qualify for any state or county help of any kind. And, these are the people that would be the first in line to lend a helping hand to you, and not the first in line to get what they think they have coming to them. When I found out that one family had the best Christmas present ever, and it had nothing

to do with money or presents, it was Mom was home for Christmas, because of our help, she was able to stay home for Christmas instead of working the overtime. So, I am asking if you would please consider to donate \$15.00 at our Christmas party to this cause. The gift in return is priceless.



Food Pantry Project Report Summary

Submitted by Carol Spiegelberg, Chairman

For six years the WCMG Pantry Committee has conducted this project. Each year we make available to clients of the seven Waupaca Country Food Pantries the basic ingredients needed to plant a garden – plants, seeds, bulbs/tubers, compost, fertilizer and instructions. The program has been well received by the pantry clients as evidenced by their eagerness on distribution day and by the surveys returned by the clients.

The following are comments from two surveys.

1. Enjoyed being able to start our own garden – just need more space. Everything is really growing great! Have already had onions and lettuce. The good soil and fertilizer I think made it grow so well. We are really enjoying our garden as well as the landlords. Having the tools also helped us to plant. “Thank you” so much for making this garden possible. It's neat to watch it grow and produce food we can eat.
2. I really enjoyed the vegetables that you give us every year. Thank you. Everything is starting to grow and is very exciting and can hardly wait til harvest time.

**All members are encouraged to submit newsletter information!
December articles are due by Nov. 23rd.**

Turkey in Red Wine

Source: The Best of America



1 T. vegetable oil
 1.5 lbs boneless turkey breast, thinly sliced
 2 slices bacon, finely chopped
 1 onion, chopped
 1 garlic clove, chopped
 3 T. all-purpose flour
 1c. dry red wine
 1 c. chicken stock
 1 T. tomato paste
 1 T. chopped fresh basil
 1 bay leaf
 salt and pepper

Preheat oven to 350 degrees F. Heat oil in a nonstick skillet and cook turkey over medium-high heat until meat loses its pink color. Remove turkey from skillet. Add bacon, onion and garlic. Cook 3 minutes. Sprinkle in flour and stir. Add wine, chicken stock, tomato paste, basil, bay leaf, salt and pepper. Mix well and stir in turkey. Pour mixture into a baking dish. Bake, covered, 25 minutes. Serve with vegetables of your choice or those hand picked wild mushrooms! Enjoy.

University of Wisconsin, U.S. Department
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 cooperating. UW-Extension provides
 equal opportunities in employment and
 programming including Title IX and ADA.

Waupaca County Master Gardeners
 University of Wisconsin Extension
 811 Harding Street
 Waupaca, WI 54981
 Phone: (715) 258-6230



Waupaca County

Extension
 UW

**INDIVIDUAL WI MASTER GARDENER VOLUNTEER
SERVICE HOURS & CONTINUING EDUCATION
YEARLY RECORD SHEET**

Use the other side of this form to record your Master Gardener volunteer activities and C.E. hours. *Keep a copy for your files,* then turn in hours quarterly to the recordkeeper listed.

- Intern MGVs** – record volunteer hours for initial certification. Additional Continuing Education hours are **NOT** required the first year (but you can record them anyway) . A minimum of 24 hours of volunteer service are required.
- MGVs recertifying** – record both volunteer and continuing education hours. A minimum of 24 hours of volunteer service and 10 hours of continuing education are required annually.
- Certified MGVs taking additional training courses** – record both volunteer and continuing education hours. To determine the number of volunteer hours required, check with the Extension Agent sponsoring your class. These same hours can be used to complete the annual recertification requirement of 24 volunteer and 10 CE hours.
- MGVs inactive for 5 or more years** – record volunteer and continuing education hours. A minimum of 24 hours of volunteer service and 20 hours CE are required. Recertification for the next year returns to 10 hours CE.
- Out-of-State MG seeking WI certification** – contact your local Extension agent or the MG Program Office for guidelines.

All volunteer projects and C.E. should be for UW-Extension sponsored programs or projects or community or civic group projects or programs, and should be approved by the local sponsoring UW-Extension Agent. **Travel time** based on the time a MGV leaves home until returning home, minus personal errands, and **preparation and research time** on projects or programs can be included in volunteer service hours. (Travel time to CE programs **cannot be counted**.)

Record volunteer hours by the following categories:

<p>Youth Education (Youth Ed) – volunteer hours dedicated to youth education i.e. 4-H projects & activities, county fair, youth clubs & organizations, school classroom presentations, etc.</p>						
<p>Community Education (Comm. Ed) – volunteer hours dedicated to adult/community education i.e. recycling, water quality & environmental displays & presentations, Farmer’s Market, Gardenline, trips or tours for the public, group presentations, writing articles for newspapers, newsletters or websites, etc.</p>						
<p>Support Services – volunteer hours dedicated to service projects i.e. community beautification, water quality and environmental projects, community committees, and research projects. Also coordinating MG activities, newsletters, or UW-Ext. office projects, meetings by officers, committees and board members of local MG associations and the WIMGA and local MG meetings, <u>but only</u> for portions of meetings dedicated to planning or working on Extension approved programs or projects.</p>						
<p>Continuing Education (CE) – education hours from attending programs offered by:</p> <table style="width: 100%; border: none;"> <tr> <td style="vertical-align: top; width: 33%;"> <input type="checkbox"/> UW-Extension..... Brown Bag MG Monthly programs Weekly summer Hort Update programs Advanced Hort programs Public Radio Show hosting Ext. Specialists </td> <td style="vertical-align: top; width: 33%;"> Satellite programs Materials from UW-Media Collection WIMGA Annual Conference Regional MG Conference </td> <td style="vertical-align: top; width: 33%;"> Research Station Field days International MG Conference Other Ext. programs Other states’ Ext. programs </td> </tr> <tr> <td style="vertical-align: top; width: 33%;"> <input type="checkbox"/> Groups or businesses that focus on horticulture topics or leadership skill development, such as Master Gardeners Garden Centers Botanical Gardens </td> <td style="vertical-align: top; width: 33%;"> Tech Schools Universities or Colleges Trade Shows </td> <td style="vertical-align: top; width: 33%;"> Guided Garden Tours WI Gardener on Public TV WI DNR or other state agencies </td> </tr> </table> <p>NOTE: While gardening books, unapproved television programs, the Internet and self guided garden tours are encouraged, they DO NOT QUALIFY for Continuing Education recertification hours. The quality of this information is variable and difficult to evaluate. The WI Gardener and other selected TV programs approved by the local sponsoring UW-Extension Agent DO qualify.</p>	<input type="checkbox"/> UW-Extension..... Brown Bag MG Monthly programs Weekly summer Hort Update programs Advanced Hort programs Public Radio Show hosting Ext. Specialists	Satellite programs Materials from UW-Media Collection WIMGA Annual Conference Regional MG Conference	Research Station Field days International MG Conference Other Ext. programs Other states’ Ext. programs	<input type="checkbox"/> Groups or businesses that focus on horticulture topics or leadership skill development, such as Master Gardeners Garden Centers Botanical Gardens	Tech Schools Universities or Colleges Trade Shows	Guided Garden Tours WI Gardener on Public TV WI DNR or other state agencies
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Under the Wisconsin Public Records Law, UW-Extension ordinarily must release lists in its custody to the public upon request. Your name, address, telephone number or email address may be included on such a list unless you request confidentiality in writing. The UW-Extension will, to the extent possible under the Wisconsin Public Records Law, withhold client names from lists when requested.

If you want your name, address, phone and email withheld from lists that are released upon request, please sign and date the following statement (this must be submitted annually):

I do not want the University of Wisconsin-Extension to reveal my name, address, or telephone number to the public as part of a record or list.

Signed _____ Date _____