



UW *Extension* Waupaca County

Master Gardener Newsletter

August 2006

**Master Gardener Meetings are held
the 2nd Thursday of the month.**

6:00- 6:30 p.m. Social

6:30-7:30 p.m. Meeting - 7:30-8:30 p.m. Program



*Unless otherwise stated, meetings and programs will be held in
the lower level of the Waupaca County Courthouse.*



August 10 – 6:00 p.m. - Waupaca Children's Garden

Directions to garden located at Swan Lake: Take Hwy 49N towards Iola. Prior to crossing over the bridge, turn left onto Timber Drive. Turn right at the stop sign onto Brainerd Rd. Go about ¼ mile to top of curvy hill, turn left at 3 mailboxes or just before line of pines.

There will be a brief Fall Plant Sale committee meeting prior to the monthly meeting.



August 16 - 6:30 p.m. - Executive committee meeting will be held at the Coffee Klatch in Weyauwega. All are welcomed to attend this meeting.



August 23-27 – Waupaca County Fair, Fairgrounds

See article in this newsletter for more information on needed volunteers for August 24, 25.



September 9 – Fall Plant Sale, Fairgrounds



September 14 – Back to the Courthouse, Waupaca
Susan Mahr will be our guest speaker.



August in the Garden

Off With Their Heads

- Continue to deadhead spent flowers so that energies otherwise spent on seed production will go toward making more blooms.

Garden Clearance

- Check out the gardening centers or discount stores for sales. Most places will be closing out their product lines and marking everything down to clear out for the season!

Vegetables

- When spraying vegetables or other food crops, be sure to read the label to determine the mandatory waiting time before harvest.
- Quality will be best of squash, cucumbers and corn harvested in the morning.
- Keep vegetable garden watered during the dry season, and free of weeds.
- Share the bounty of your harvest with others by donating excess produce to one of the food pantries.

Sweet Corn at its Sweetest

- Check for ears with full, plump kernels when nutrients are highest. Puncture one of the kernels with your fingernail. If the liquid that comes out isn't milky-colored, the corn is either immature or overripe. Boiling destroys the nutritional goodness; steaming preserves it. Cook corn soon after it was picked, but don't add salt as salt draws moisture from the kernels, making them tough and hard to chew.

Irises

- Divide irises now before their second flush of root growth which will occur during fall's cool, moist weather. Examine rhizomes for borer tunnels and soft rot. Destroy all infected plants. Replant by barely covering the small sections of rhizome each with a fan of leaves and some roots. Cut leaves back by two-thirds.

Raspberries

- After the last raspberry harvest for the year, prepare for next year while also avoiding diseases by pruning out old flowering canes leaving only 3-4 young canes per foot of row. In spring prune back shoot tips.



President's Letter

Submitted by Susan Finkel

Welcome to August!



The hot, steamy days we've been having this summer are providing great growing opportunities in our gardens. My two eggplant plants are looking lovely. I was surprised by the delicate lavender flowers hidden under the leaves. Tomatoes are looking good, and the beans are coming back after being nibbled by the bunnies. The hot dry days have also forced a decision I was dreading, but now I know I need to move and replant one of the flower beds near the garage. I'll wait for the cooler days in fall, but am starting to plan where and when to move things.

As a teacher, I enjoy these summer days more and more each year. I'm learning to use my time wisely in the summer to plan and complete projects that I set aside during the year. (But I also find time to lie on the front porch swing and read a good book!)

I want to speak a bit about a program I went through two years ago called Leadership Waupaca County. This was truly a life changing event for me. LWC is sponsored by the Extension and provides leadership, public information and advocacy training. The program meets one day per month (Thursdays) from September to May. Our group has offered to provide scholarships for THREE of our members to attend this program. This will be a great way for our group to grow leaders (instead of eggplant) in this county. Please consider signing up!

Have a great month! Susan



Book Reports

Submitted by Pat Pamperin

Pat Pamperin has presented Darla Dieck of the Marion



Public Library with new books for gardening collection. The books are part of the Association's Community Outreach effort to make garden information available.

Books presented to the Marion Public Library this year by the Waupaca County Master Gardeners Association are:

Turfgrass Problems

This pocket size book has pictures and problem descriptions that the homeowner can use to identify the problem that a cool-season turf grass may have.

The guide does not contain specific chemical control but can help zero in on diagnosis quickly and efficiently. There are also insect and weed chapters to help make a diagnosis.

Weeds of Canada and the Northern United States

This is an easy to use guide to help identify more than 175 weed species. It has colored pictures of the weeds at every growth stage. If the weed can be identified, it can be more easily controlled. The beautiful goldenrod of late summer and early fall is not your hay fever enemy but the giant ragweed that often grows close next to it.

The Waupaca County Master Gardeners annually select gardening books for the Waupaca County Libraries. The Marion Library has received both children and adult gardening books that have enriched the library's collection of gardening materials.



MG Logo Denim Shirts

Submitted by Tom Sanders

At the last Master Gardener meeting Tom Sanders presented information on the **embroidered denim shirts** from TLC Embroidery. If you are interested in ordering here is the information you will need to know.

- 1) If you bring your own shirt to have the logo sewn on it the cost will be \$7.25
- 2) Shirts purchased from TLC in sizes S, M, L, XL (shirt with the logo sewn on it) will cost \$24.78
- 3) Tall sizes and regular sizes larger than XL will range between \$25.82 and \$31.88.

There are two colors of denim that we can purchase from TLC. One is the traditional blue and the other is light tan. Tom will have samples of S, M, L, and XL at the next Master Gardener meeting.



MG Logo T-Shirts

Submitted by Patti Leiskau

I will be at the August meeting with sample t-shirts and a catalog to take orders for printed shirts from Team Outfitters.

Regular t-shirt prices are \$7.55 (small to X-large), \$8.55 -2XL, \$9.55 -3XL.

Colors available are sand, ash, navy, sport gray, black, royal, forest green, indigo blue, sapphire, light blue, jade dome (green), lime, Kelly, gold, orange, daisy, white, yellow haze, natural, light pink, maroon, azalea, purple, red, and dark chocolate.

Pocket t-shirt prices are \$8.95 (sm to X-large), \$9.95 -2XL & 3XL. Colors are white, ash, athletic heather (gray), kiwi (green), black, forest green, navy, orange, royal, and scarlet.

Long sleeve t-shirts prices are \$9.70 (small to XL), \$10.70-2XL, \$11.20 -3XL.

Colors are white, ash, athletic heather gray), black, navy, chocolate, forest green, royal, and scarlet.

Sweat shirt prices are \$15.38 (small to XL) & \$16.50 -2XL & up. Colors are natural, white, birch (gray), oxford (med. gray), baltic blue, black, burnt orange, cardinal, classic brown, deep purple, forest

(Continued on next page)

MG Logo T-Shirts (Continued)

green, gold, kelly, khaki brown, light blue, maroon, periblu, pink, safety green, true navy, true red, vintage green, vintage navy, and yellow haze.

There will be a \$2.75 fee for cleaning the screen after each color ink that is used. This will be divided among all of us who order. If we order a total of 8 or fewer shirts there will be an additional \$8.00 exposing fee. And of course the usual tax will be added. If we order more than 11 shirts as a group the price per shirt will be slightly less (about \$1). If you have any further questions or wish to make an order you may call and talk to my machine or e-mail me and I will get back to you ASAP.

Patti Leiskau at CoreComm
Webmail. <http://home.core.com>



Friday Garden Group

Submitted by Susan Finkel

The Friday Garden Group in New London continues to have a great time on Friday mornings. We've explored the idea of using yoga as a relaxation technique in the garden. Alternate nostril breathing was kind of fun as was synchronized breathing! (We have pictures!) We've talked about natural dyes and painted t-shirts. Coming soon will be world record plants, and flower arranging.



New London Children's Garden

Submitted by Barb Lamb

The crops are doing well, lettuce is great, tomatoes are starting to ripen and the "volunteer" sunflowers are 6' tall.

Deb brought a compacter for filling. We miss Sue and hope she is having a wonderful trip to Alaska. Thank you to the MGs who are helping every week

NL August Garden Schedule

Pfeifer Park on Fridays from 8:00 to 10:00 a.m.

Aug 4.... Watermelon Seed Spitting

Aug 11.. Making a Bird Feeder
Aug 18 You're Full of Beans
Aug 25.. Harvest Day-Stone Soup

Waupaca Children's Garden

Swan Park, Wednesdays, 9:00 to 10:30 a.m.

Aug 2.... Worm Hunt-Dirt Cake
Aug 9... Solar Energy
Aug 16.. Watermelon Seed Spitting
Aug 23 Bean a Billionaire?
Aug 30.. Harvest Day-Stone Soup

Iola Children's Garden

River Road Community Gardens
Fridays from 9:00 to 10:30 a.m.

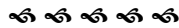
Aug 4.... Container Gardening
Aug 11.. Making a Bird Feeder
Aug 18 Garden Arrangements
Aug 25.. Harvest Day-Party



Happy Birthday to the
August Birthday
People!

Submitted by Connie Jess Zolkoske

- 8/1 Sue King
- 8/4 Suzanne Wozniak
- 8/7 Joleen Diley
- 8/7 Sue Finkel
- 8/11 Greg Blonde
- 8/12 Dort DeWild
- 8/24 Glenda Rhodes
- 8/26 Barbara Koehnke
- 8/27 Karen Zahn



Volunteer Record Sheets are Due in September

MG volunteer and continuing education hours for the year 2006 are due by the September meeting. If you have any questions regarding your hours, or if you need a record sheet, contact Pat at 920-867-3074.

All projects listed on the back of the sheet are approved, plus the TV and Radio program listing printed in last month's newsletter.

It is imperative that all sheets be handed in by the September meeting or mailed to Pat by

September 14 as time is needed to review and tabulate the hours to meet State's deadline.



Plant Sale – September 9

Submitted by Barb Lamb,
Fall Plant Sale Chairperson



Everything is looking great for the sale. Sign-up sheets and posters, pots, labels etc will be at the August meeting.

Thank you all for getting ready and for the interest in the "Spade Brigade". Waiting to hear about areas to dig.

Plan on a brief meeting before the August meeting.



Waupaca County Fair

Submitted by Lee Shaw, Co-Chair

HELP IS NEEDED IN THE FOLLOWING AREAS:

Junior Class (4H) Crops on Thursday, August 24 for judging at 10:00 a.m. - one or two people

Open Class Flowers & Houseplants on Friday, August 25 for entries from 8:30 to 11 a.m. - three or four people

Judging of Open Class starts at noon Friday, August 25 - four to six people needed to bring entries to and from the judging table.



In the event that a meeting or event is cancelled due to weather, please listen to WJMQ 92.3 and WDUZ 92.7 for cancellation information. We will also attempt to notify members via email. If you have any question about whether or not a meeting will be held, please contact Susan Finkel at 715-752-4494 or finkel@uwosh.edu



July Meeting Notes

Submitted by Rebecca Weber Schmoll, Secretary



Attendance: Kathleen Akey, Greg Blonde, Alice Brown, Debra Calmes, Dort DeWild, Susan Finkel, Diane Fuhrmann, Gloria Gruer, Steve Hart, Dorrie Hipschman, Cynthia Holly, Bill Johnson, Carol Johnson, Barb Lamb, Patti Leiskau, Lyle Mork, Pam Nitke, Barb Nollenberg, Patricia Pamperin, Glenda Rhodes, Ila Sanders, Tom Sanders, Joan Schmitt, Dorothy Shaver, Judy Shaw, Lee Shaw, Carol Spiegelberg, Jeff Weasner, Nancy Weasner, Rebecca Weber Schmoll, Faye Wilson, Suzanne Wozniak, Karen Zahn, Connie Zolkoske. Guests: Lyle Mork's wife and granddaughter, also six guests; Sara, Kim, Wilma, Katie, Karen and Hope.

The July 13 meeting was called to order by President Susan Finkel. The meeting was held in the gardens of member Lyle Mork. Susan read the executive meeting minutes. The approval of the June minutes was made by Dort DeWild and seconded by Lee Shaw. President Susan Finkel reminded the group of the "parking lot" concept for difficult issues. She then read the treasurer's report. . No state rep report was given. No book report for this month.

Getting to Know You project Summaries:

Nancy Weasner reported on the flower beds at both the Holly House and the Hutchison House. The Hutchison House is an 1860's house in South Park in Waupaca. Weeding and dead heading has been going on in these flower beds. More volunteers are needed.

Rebecca Weber Schmoll reported on the Sugar Bush garden. It is by the flower bed by the flag pole at the Sugar Bush Elementary School in Sugar Bush.

Faye Wilson reported on the flower bed at Gill's Landing in Weyauwega.

Glenda Rhodes spoke about the Nell Rasmussen garden. This flower bed is at the top of Main Street by the Dane House and is by the granite rocks.

Barb Lamb spoke about the Budwit garden on the Sturgeon Trail on County X in New London. This garden is suffering from the lack of rain.

Kathy Akey spoke about the Clintonville Public Library gardens. These flower beds are being redone this year, including the removal of a tree. This is a work in progress.

Committee reports:

By-Laws Committee: Faye Wilson will meet in future to work on changes in the by-laws. One change will be that the year will run from September to September. These changes will be presented at the August meeting and voted on at the September meeting. These by-law changes will take effect next year.

Children's Garden Updates: Waupaca Children's garden hosted a tea party for the twenty-seven children in this program. Lola Children's garden's program includes scarecrows, worms/composting, and magic in the garden. Fencing with a gate is in place at the gardens.

The New London Children's garden had their tea party and also did worms/composting.

The Friday Garden group has decorated bowling balls, made solar ovens, and has done composting.

Program Committee:

Suzanne Wozniak spoke about the July 20 trip to a prairie garden to view Karner Blue butterflies, which have hatched.

The August meeting will be at the Waupaca Children's garden. She is working on the "Make It/Take It"

workshop for the October meeting. This meeting will be held in Susan Finkel's garage.

Lee Shaw will need volunteers for the open class flowers check-in at the Waupaca County Fair from 8 a.m. to 11:30 a.m. on August 25.

Sign-up sheets for the Fall Plant Sale were passed around. Members will dig up plants for the Fall plant sale, if anyone needs this service.

The UWEX Service is offering a leadership program. This program starts in September in Waupaca. Members are now being recruited for this program to learn about the workings of the state government and public speaking. Applications need to be submitted, and there is a cost of \$350 for this class. Scholarships are available. Faye Wilson moved to fully fund any member, up to three members, who want to take this class. Gloria Gruer seconded this motion. Motion was approved. Susan Finkel can answer any questions about this class, as she did previously participate in the class.

Lyle Mork related that there will be a community picnic at the community gardens in Lola on August 26. Gardens have been dedicated with bronze plates on each gate.

Old Business:

Member Surveys:

Kathy Akey reported that the member surveys are compiled with the results and will be discussed at the next executive meeting.

Executive committee meeting schedule: The August 16 meeting will be held at 6:30 p.m. at the Coffee Klatch in Weyauwega. All are welcomed to attend this meeting.

The Waupaca County Fairground garden beds are looking good now.

The MG shirt order is being done by both Patti Leiskau and Tom Sanders. Patti says that Team Outfitters will screen print shirts in

(Continued on next page)

July Meeting Notes *(Continued)*

a variety of colors and sizes. The price will be determined by the number of shirts ordered. Tom says that T.L.C. will sew the MG logo on any item of clothing that you provide for \$7.25. Denim shirts would cost \$25 to \$30 depending on the size. Both Patti and Tom will provide more detailed information in the August newsletter.

To Do List:

Barbara Koehnke and Steve Hart are working on the web page. They will do links to the individual children's gardens. Email pictures of these children's gardens to Barbara.

Faye Wilson is working on the new member folders.

Volunteers will be needed to sell cookbooks at the Waupaca Fair. There will be a sign up sheet at the August meeting.

Dorothy Shaver is asking the Christmas Party committee members to be thinking of new ideas for the party. A committee meeting will be held at the next monthly meeting.

A motion to adjourn the meeting was made by Lee Shaw and seconded by Joan Schmitt.

Rebecca Weber Schmoll, Secretary



Karner Blue Butterfly Visit

Submitted by Suzanne Wozniak

On Thursday, July 20, a small group of MGs visited a 23-acre prairie garden in Fremont.



The garden, on the property of Susan and Ronald Smith, was designed as a habitat for the Karner Blue butterfly, with assistance from the U.S. Fish and Wildlife Service and help with necessary burning from the Wisconsin DNR.

Among the prairie plants there are little and big bluestem, milkweed,

black-eyed Susan, and lupine to attract the Karner Blue.

MGs who attended were Carol Johnson, Cynthia Holly, Terry Raniere, Barb Nollenberg, Faye Wilson and her friend Helen Jarchow, and Suzanne Wozniak and her daughter, Krista.

It was a beautiful day for a garden tour, and the Smiths were very hospitable, serving refreshments. They would welcome us again next year if we want to plan our July meeting at their place.



UW Plant Disease Diagnostics:

www.plantpath.wisc.edu/pddc/

InfoSource: <http://infosource.uwex.edu>

UW Publications Web Site:

<http://www1.uwex.edu/ces/pubs/>

MG Web Site:

<http://www.hort.wisc.edu/mastergardener>

UW Garden Facts:

www.wihort.uwex.edu/



WCMG Newsletter on Website

Submitted by Barbara Koehnke

Our monthly newsletter is posted on our website and you may now access it at your convenience, or print out your own copy to read later.



Anyone wishing to receive their copy via the internet rather than receiving a paper copy in the mail should let me know.

I will be submitting the monthly newsletter to be posted on the site about the same time you ordinarily would have received your copy in the mail.

Several of you had requested I send a copy of our newsletter to various non-members, and because of the costs I was unable to do so. This will be a means for them to obtain their own copy by accessing the website at:

<http://www.hort.wisc.edu/mastergardener/>. Then click on Local Association, Waupaca County.

Let me know if you would prefer receiving your newsletter via the internet rather than U.S. mail.

Barbara Koehnke
920-667-4985 or
blupine@centurytel.net



Usage of the MG Title

A person can only use the title of Master Gardener when:

1. **They are a member in good standing.**

This means that they have completed the training course, volunteered a minimum number of hours, and passed the final exam. Each year following the initial training, a person must attend a minimum of 10 hours of approved horticulture education sessions and volunteer 24 hours of Extension approved service to their community or county extension office.

2. **They are performing volunteer tasks for the Extension.**

The MG title can only officially be used when working on UW Cooperative Extension approved volunteer projects. You cannot receive remuneration for these projects. It is permissible at any time or place to say that you have completed the Wisconsin MG Training Program. However, you can only answer questions and perform tasks representing yourself as a MG when you are actually volunteering for the Extension. MG training and experience may be given as qualifications when seeking employment. However, once employed, MG credentials should not be displayed. MGs are advised not to advertise as MGs in their names or places of business, nor be listed as such in business advertising. The name or MG logo cannot be used for personal gain including influencing anyone to do business with you.



Check out our new website - <http://www.hort.wisc.edu/mastergardener/>

Waupaca County Master Gardeners



The Waupaca County Master Gardener Association meetings are held the second Thursday of the month at the UW Extension Office which is located at the Waupaca County Courthouse, 811 Harding Street, Waupaca. Meetings start at 6:30 p.m. with an educational program to follow.

Officers for the 2006 year are:

President	Susan Finkel
Vice President	Pam Nitke
Treasurer	Colleen McCoy
Secretary	Rebecca Weber Schmoll
State Board Rep	Pat Ritchie



Read our latest newsletter



(You will need Adobe Acrobat in order to read and print the pdf file. If you don't have that program already, you can download it free.)

We currently have 54 certified members and 16 members that hopefully will receive their certification at the end of this volunteer hour year.

In 2005 we volunteered:	1,730 hours in youth education
	123 hours in community education
	3,285 hours in support service
and we participated in	1,385 hours of continuing education.

Our major youth projects are the 4 children's gardens located in **New London**, **New London Friday Group**, **Waupaca**, **Iola**.



We hold our annual spring and fall plant sales as our primary fundraisers. We donate gardening books to our local libraries, support the local food pantries, award a scholarship to a graduating senior going into the horticulture field, and act as superintendents in the plant and soil science area at the Waupaca Country Fair.

Our members volunteer their time in the upkeep of various community gardens in the area.

Contacts:
Susan Finkel

Pat Ritchie
N3752 Cty O
New London, WI 54961

Greg Blonde, Ag Agent
Waupaca County Extension Office
Courthouse
811 Harding St.
Waupaca, WI 54981
(715) 258-6230



(counter)

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Tips From Our Members

My two favorite vegetable gardening tips are mulching between rows in your garden with leaves and to hand pick off the Colorado potato bugs from potato plants. If you do this hand picking routine for two years, you will virtually eliminate all potato bugs in upcoming years.

Rebecca Weber Schmoll



Gardeners Calendar

Aug 3-13, 2006

Wisconsin State Fair, West Allis

Cows, cream puffs, amusement park rides, and many horticultural exhibits and programs, including SEW MGA displays. See the State Fair website for details.

Aug 9, 2006

Sun Lovers, Boerner Botanical Gardens, Hales Corner

This expert-led Garden Walk begins at 6:00 p.m. \$5 suggested donation. For more info contact Friends of Boerner Botanical Gardens, 9400 Boerner Drive, Suite 1, Hales Corners, 53130 at (414) 525-5650.

Aug 23-27, 2006

Waupaca County Fair, Weyauwega

Rides, arcades, agriculture, food, exhibitions, entertainment...and more. The Waupaca County Fair has been a part of this area for the last 133 years.

Aug 25, 2006, 12:00 Noon

Brown Bag Program - Curing and Storage of Vegetables

Have an over abundance of produce? Join Bob Tomesh as he discusses how to properly treat various vegetables that are ready for harvest to promote maximum storage life.

Aug 31, 2006, 7:30 p.m. and

Sept 3, 2:00 p.m.

Hot Plants - NEW!

Horticulturist Jim Nienhuis shares his favorite peppers and pepper roasting secrets; learn what's new and hot in the world of perennials and more; learn how to make and use vinegars including chili peppers and balsamic vinegar; and take a look at mushroom gardening.

Sept 9, 2006

Waupaca Co. MG Plant Sale, Weyauwega

At the Waupaca County Fairgrounds. For more information contact Barb at (920) 982-5762.



Some Nice Places to Visit

If you are in the area, stop in at one of these Wisconsin Public Gardens for a grand treat!

Pendarvis

114 Shake Rag St., Mineral Point, WI 53565, (608) 987-2122

Hours: Daily, 9 a.m.-5 p.m.

The Pendarvis complex consists of several early Cornish miners' homes from the 1830's and 1840's. In summer, stroll the beautiful gardens and learn from guides about the many varieties of plants and flowers.

Rotary Gardens

1455 Palmer Drive, Janesville, WI 53545, (608) 752-3885

Email: gardens@jvlnet.com

Admission: None, donations welcomed

Hours: All year, daylight hours
Fifteen acres of gardens include an American perennial garden, Japanese garden, Scottish garden, equisetum garden, and a prairie.

Schumacher Farm Park

5682 Highway 19, Waunakee, WI 53597, (608) 849-4559

Admission: None

Hours: All year, dawn-dusk
A 40-acre strolling park featuring a restored prairie, heirloom gardens, a farmhouse and barn from the early 1900's, and a museum of old farm machinery. Non-hybrid vegetable varieties and plants used for dying fabrics are grown in the main heirloom garden. Kitchen herbs are grown near the house. Activities reminiscent of the period are held twice a year.

UW Arboretum

1207 Seminole Highway, Madison, 53711-3726, (608) 263-7888

Admission: None

Hours: All year, 7 a.m.-10 p.m.
The arboretum contains over 1260 acres of wetlands, gardens, woods,

and prairies. It includes the Curtis Prairie, which was planted in the 1930's and is the oldest restored prairie in the world.

Knapp Stout City Garden

Rice Lake, WI 54868.

Maintained by the Rice Lake Garden Club, this park includes a gazebo with perennial garden, raised annual garden, and shrub and tree border.

Rice Lake City Park

Rice Lake, WI 54868

Includes a perennial garden maintained by Rice Lake Garden Club. University of Wisconsin – Rice Lake Japanese Garden
Karen Anderson
32 W. Messenger Street
Rice Lake, WI 54868
(715) 234-7107



Wisconsin Recycling Law and Waupaca County Ordinance

Source, WI DNR and Waupaca County Solid Waste & Recycling Department

Requires that all residents and businesses separate the following items from their trash for recycling:

- Cardboard, container board, newspaper, magazines, junk mail, mixed paper
- Aluminum and tin cans
- Glass bottles and jars
- Plastic bottle (resin #1 & #2)
- Waste oil, vehicle batteries
- Appliances, tires
- *Yard waste and brush

Composting/chipping is strongly encouraged over burning.

Debris burning (needles, leaves, brush, and burn barrels) continues to be the number one cause of wildfires in Waupaca County and statewide.



Take time out from your daily schedule...and have some fun!



Medicinal Weed

Plantain has been used for centuries to provide immediate relief from mosquito bites, hornet stings and the painful itching of poison ivy or poison oak. It's not a bad idea to keep a few of these weeds available as a medicinal herb. To use, just rub the leaves between your palms until the moisture is released. Then apply the moisture to the affected area. Relief is immediate and lasting and doesn't cost a thing!



Use Salt as a Grooming Aid

- Soothe rough, chapped skin on knees, feet and elbows by making a cream from 1/4 cup salt, 1/4 cup Epsom salts, and 1/4 cup vegetable oil. Massage the paste into your skin and leave it on for 15 minutes. Then bathe or shower to remove it.
- Make a gentle homemade mouthwash by combining 1 teaspoon salt, and 1 teaspoon baking soda in 1/2 cup of water. If you prefer a flavored mouthwash, add a drop of peppermint extract. This mouthwash is especially good after dental work. .



Fall Plant Sale!

Saturday, September 9, 2006
8:00 a.m. - 2:00 p.m.



Held in the Education Building at the Waupaca County Fairgrounds in Weyauwega, South Street entrance.

Featuring: perennials, house plants, native plants, garden accents, bulbs, crafts & gifts... plus a reference table.

Barb Lamb, Chair for the Fall Plant Sale, is calling a short meeting before the August 10 general meeting which will be held at the Waupaca Children's Garden.



UW
Extension Waupaca County

Waupaca County Master Gardeners
University of Wisconsin Extension
811 Harding Street
Waupaca, WI 54981
Phone: (715) 258-6230



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